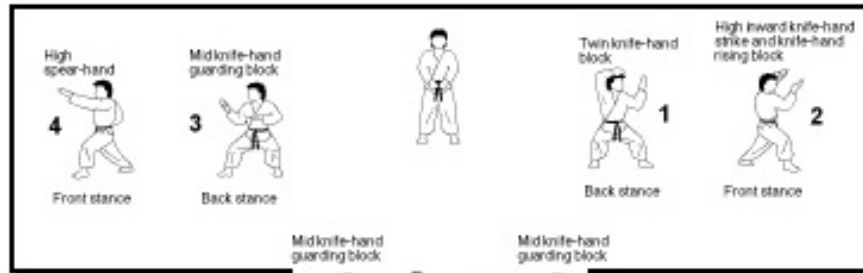
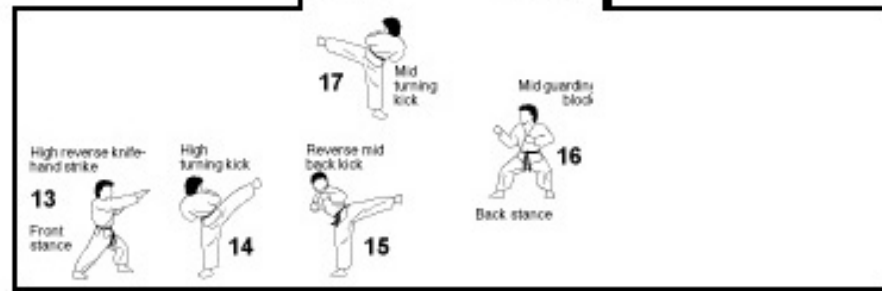
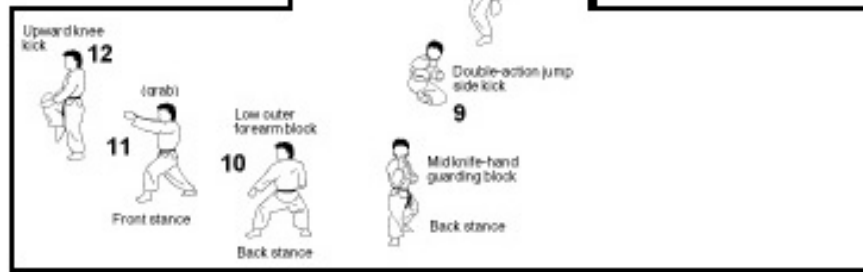
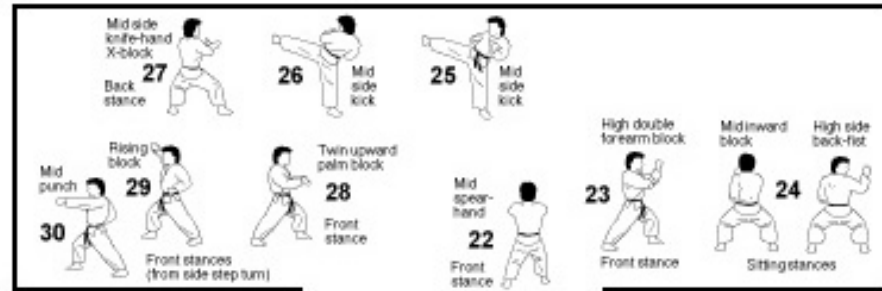


충무



Mid knife-hand guarding block



CHOONG-MOO

The given name of Admiral Yi Sun-Sin,
inventor of the first armored battleship
in the year 1592 A.D.
(30 movements)

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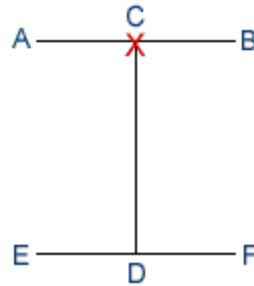
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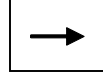
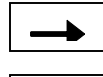
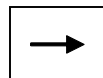
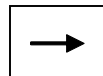
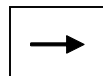
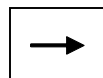
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30 Moves



CHOONG-MOO was the name given to the great Admiral Yi Soon-Sin of the Lee Dynasty. He was reputed to have invented the first armoured battleship (Kobukson) in 1592, which is said to be the precursor of the present day submarine. The reason why this pattern ends with a left hand attack is to symbolize his regrettable death, having no chance to show his unrestrained potentiality checked by the forced reservation of his loyalty to the king.

Walking stance high inwards knifehand strike.
 Flying side piercing kick.
 L-stance low outer forearm block.
 Middle back piercing kick.
 Fixed stance U-shape block.
 Walking stance upset fingertip thrust.
 L-stance middle X-knifehand checking block.
 Walking stance twin palm upwards block.



Gunnan so nopunde anuro sonkal taerigi.
 Twimyo yop cha jirugi.
 Niunja so najunde bakat palmok makgi.
 Kaunde dwit cha jirugi.
 Gojung so digutja makgi.
 Gunnan so dwijibun sonkut tulgi.
 Niun ja so kaunde kyocha sonkal momchau makgi.
 Gunnan so sang sonbadak ollyo makgi.