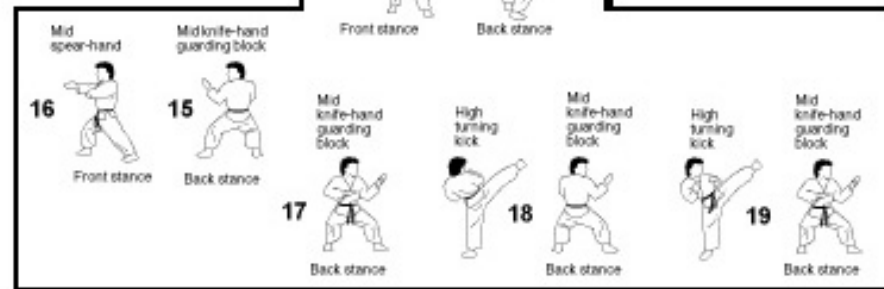
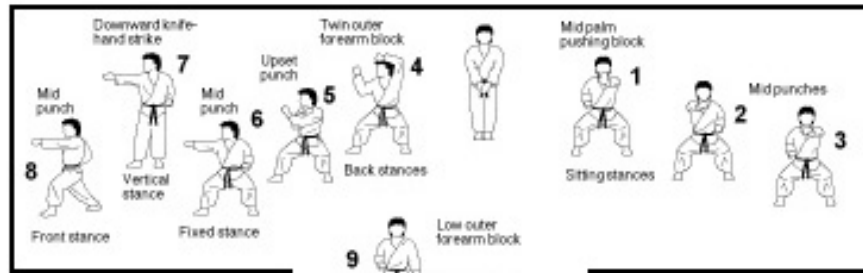


화랑

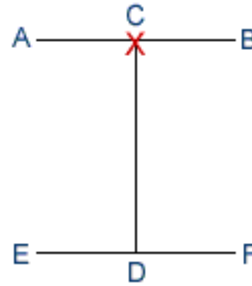


HWA-RANG

The youth group which originated in the Silla dynasty and became the main force in the unification of the three kingdoms of Korea.
(29 movements)

H W a R a n g

29 Moves



Hwa-Rang youth group which originated in the Silla Dynasty in the 7th century. 29 movements represent the 29th infantry division where Taekwon-Do developed into maturity.

Sitting stance middle palm **pushing** block.

L-Stance **upwards** forefist punch.

Vertical stance **downwards** knifehand strike.

L-stance middle obverse forefist punch.

Walking stance low X-fist **pressing** block.

L-stance side elbow thrust.

Closed stance high inner forearm side front block.



Annun so kaunde sonbadak **miro** makgi.

Niunja so **ollvo** ap joomuk jirugi.

Soojik so **naeryo** sonkal taerigi.

Niunja so kaunde ap joomuk baro jirugi.

Gunnan so najunde kyocha joomuk **nollo** makgi.

Niunja so yop palkup tulgi.

Moa so nopunde an palmok yop ap makgi.