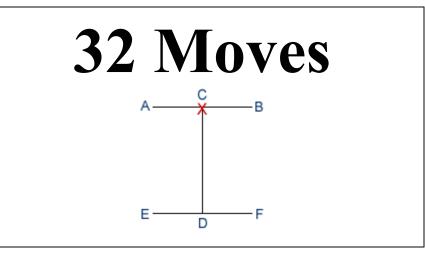


(32 movements)

TaeKwon-Do Hyung Diagrams @1997, KMAI/Master P. Curell





JOONG-GUN is named after the patriot Ahn Joong-Gun who assassinated Hiro-Bumi Ito, the first Japanese governorgeneral of Korea, known as the man who played the leading part in the Korea-Japan merger. There are 32 movements in this pattern to represent Mr. Ahn's age when he was executed in a Lui-Shung prison (1910).

| L-stance middle reverse knifehand                 |   |
|---|---|
| block.  |   |
| Low side front snap kick.                         |   |
| Rear foot stance middle <b><u>upwards</u></b>     |   |
| palm block.                                       |   |
| Walking stance <b>upper elbow</b> strike.         |   |
| Walking stance twin vertical punch.               |   |
| Walking stance twin <b>upset</b> punch.           | - |
| Walking stance <u>X-fist</u> rising block.        |   |
| L-stance middle reverse forefist punch.           |   |
| Low stance palm <b>pressing</b> block.            |   |
| Closed stance middle forefist                     |   |
| angular punch.                                    |   |
| Fixed stance <u>U-shape</u> <i>archand</i> block. |   |

| -        | Niunja so kaunde <u>sonkal dung</u> makgi.         |
|----------|--|
| <b>→</b> | Najunde yop ap cha busigi.                         |
| -        | Dwit bal so kaunde <u>ollvo</u> sonbadak<br>makgi. |
|          | Gunnan so <u>wi palkup</u> taerigi.                |
|          | Gunnan so sang <u>sewo</u> jirugi.                 |
| <b>→</b> | Gunnan so sang <b>dwijibo</b> jirugi.              |
| -        | Gunnan so <u>kyocha joomuk</u> chookyo             |
|          | makgi.   |
| -        | Niunja so kaunde bandae ap joomuk<br>jirugi.       |
| -        | Nacho so sonbadak <u>noollo</u> makgi.             |
|          | Moa so kaunde ap joomuk <u><b>gyokja</b></u>       |
|          | jirugi.  |
|          |  |

Gojung so <u>digutja</u> *bandalson* makgi.