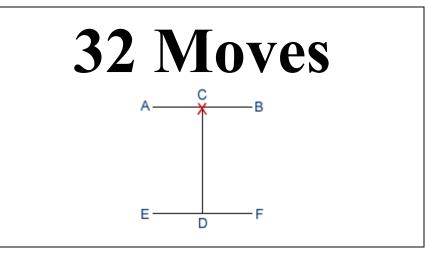


(32 movements)

TaeKwon-Do Hyung Diagrams @1997, KMAI/Master P. Curell





JOONG-GUN is named after the patriot Ahn Joong-Gun who assassinated Hiro-Bumi Ito, the first Japanese governorgeneral of Korea, known as the man who played the leading part in the Korea-Japan merger. There are 32 movements in this pattern to represent Mr. Ahn's age when he was executed in a Lui-Shung prison (1910).

L-stance middle reverse knifehand	
block.	
Low side front snap kick.	
Rear foot stance middle <u>upwards</u>	
palm block.	
Walking stance upper elbow strike.	
Walking stance twin vertical punch.	
Walking stance twin upset punch.	-
Walking stance <u>X-fist</u> rising block.	
L-stance middle reverse forefist punch.	
Low stance palm pressing block.	
Closed stance middle forefist	
angular punch.	
Fixed stance <u>U-shape</u> <i>archand</i> block.	

-	Niunja so kaunde <u>sonkal dung</u> makgi.
→	Najunde yop ap cha busigi.
-	Dwit bal so kaunde <u>ollvo</u> sonbadak makgi.
	Gunnan so <u>wi palkup</u> taerigi.
	Gunnan so sang <u>sewo</u> jirugi.
→	Gunnan so sang dwijibo jirugi.
-	Gunnan so <u>kyocha joomuk</u> chookyo
	makgi.
-	Niunja so kaunde bandae ap joomuk jirugi.
-	Nacho so sonbadak <u>noollo</u> makgi.
	Moa so kaunde ap joomuk <u>gyokja</u>
	jirugi.

Gojung so <u>digutja</u> *bandalson* makgi.