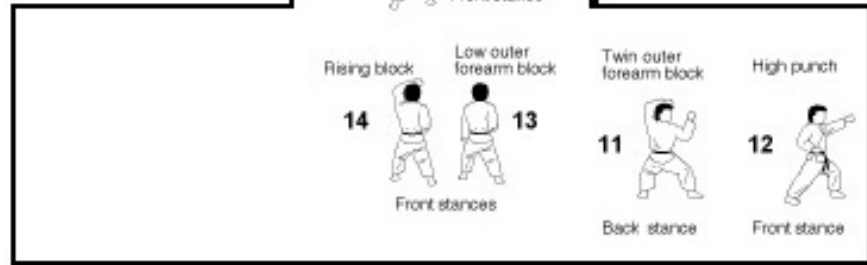
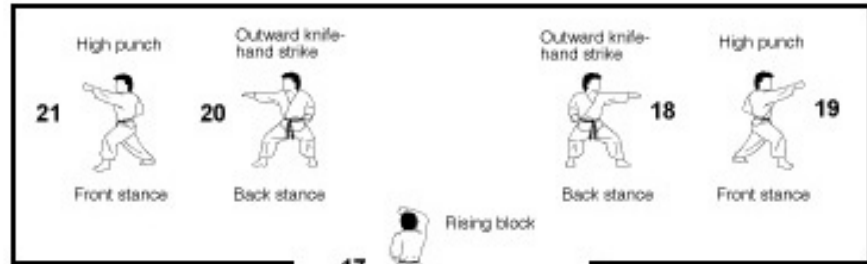
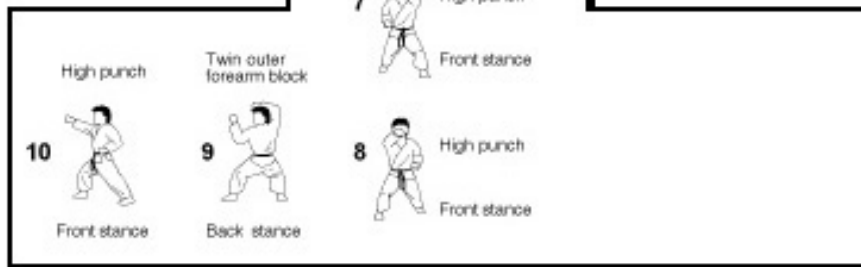
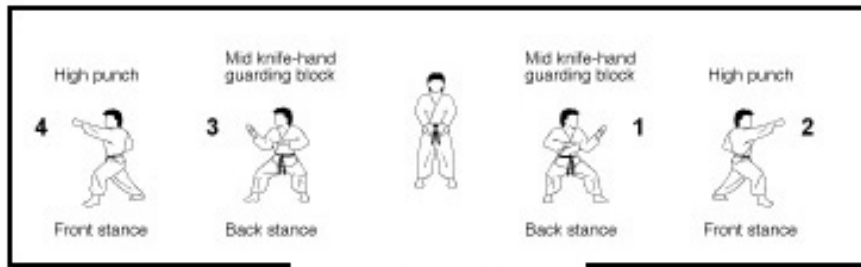


# 단군

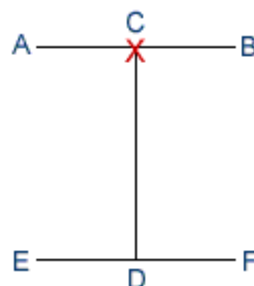


## DAN-GUN

The legendary founder of Korea  
in the year 2333 B.C.  
(21 movements)

# D a n G u n

## 21 Moves



**DAN-GUN** is named after the holy Dan-Gun, the legendary founder of Korea in the year of 2,333 B.C.

L-stance middle knifehand **guarding** block.

Walking stance high obverse forefist punch.

L-stance twin forearm block.

Walking stance outer forearm rising **block**.

L-stance middle outward knifehand strike.



Niunja so kaunde sonkal **daebi** makgi.

Gunnan so nopunde baro ap joomuk jirugi.

Niunja so sang palmok makgi.

Gunnan so bakat palmok chookyo **makgi**.

Niunja so kaunde bakuro sonkal taerigi.