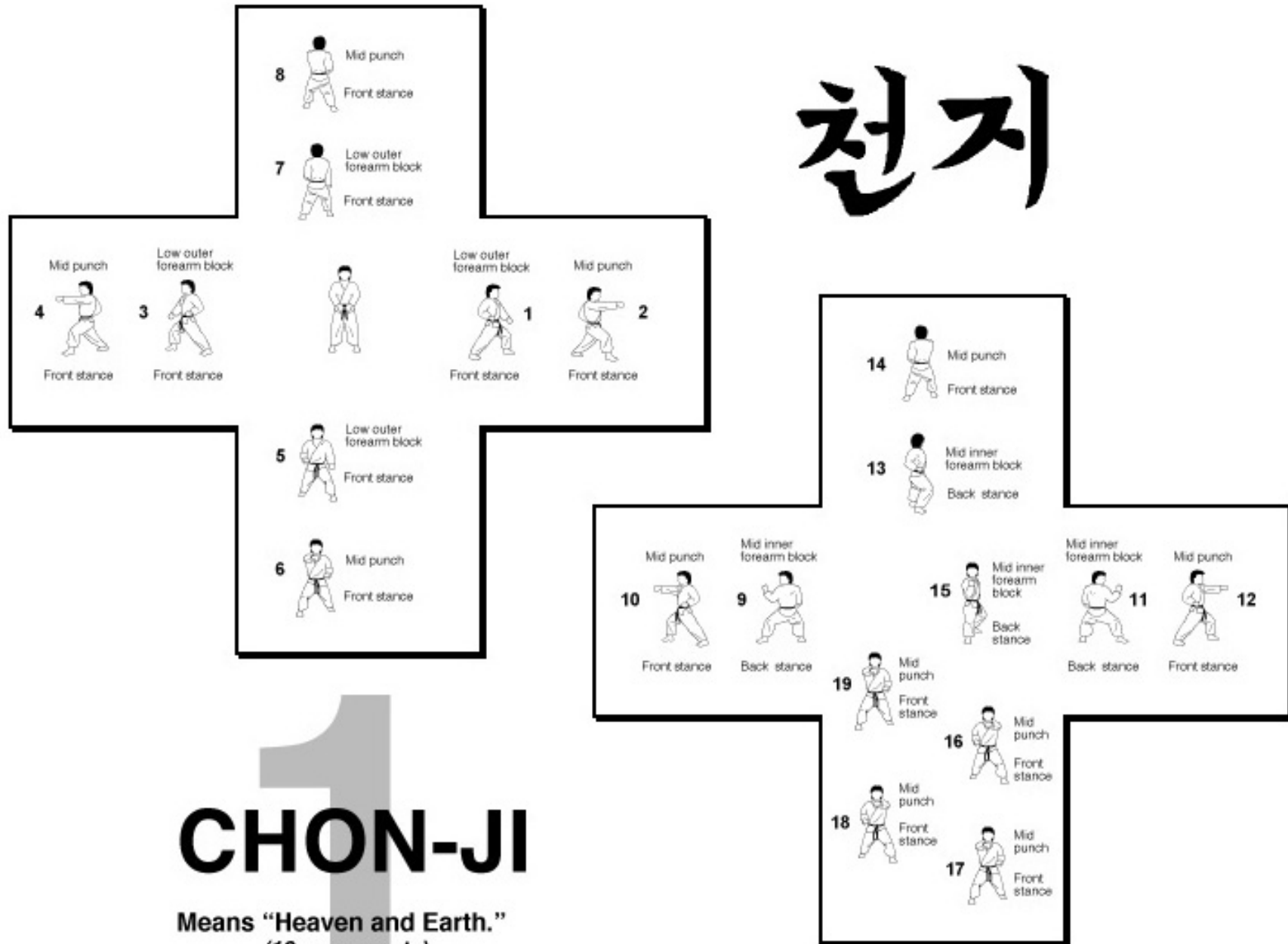


천지



CHON-JI

Means "Heaven and Earth."
(19 movements)

C

h

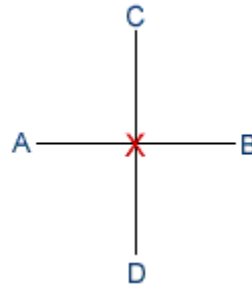
O

n

J

i

19 Moves



CHON- JI means literally " the Heaven the Earth". It is, in the Orient, interpreted as the creation of the world or the beginning of human history, therefore, it is the initial pattern played by the beginner. This pattern consists of two similar parts; one to represent the Heaven and the other the Earth.

Walking stance **low** outer forearm block.

Walking stance **middle** forefist punch.

L-stance middle **inner forearm** block.



Gunnan so **najunde** bakat palmok makgi.

Gunnan so **kaunde** ap joomuk jirugi.

Niunja so kaunde **an palmok** makgi.